



Contribute and Make A Difference!

Thanks to all our 2020 supporters. It was a different kind of year, but our community continued to support the Neighborhood. A special thanks to the 588 College-Glen families that contributed to the Association/Foundation this year. Your financial contributions provide the resources needed to represent the neighborhood. Unlike a Homeowners Association we do not have mandatory fees; we operate totally with voluntary support.

We are a group of neighbors working with local leaders to encourage citizen involvement toward the resolution of problems existing within our defined boundaries and to identify and try to resolve problems in the surrounding vicinity that could have an impact on our area. This year, in spite of the pandemic, we were able work with council member Guerra to enact a special ordinance prohibiting permits for massage parlors, checking centers, tobacco shops, and cannabis dispensaries along Folsom Boulevard between 65th Avenue and Watt Avenue.

The effectiveness of the Association's representation is directly related to the number of volunteers and financial donations that our residents make to the Association. Contributions, in addition to reflecting community support for our efforts, provide us with the financial means to represent our neighborhood. Our quarterly newsletter is our primary source of communication with area residents and it is our greatest expense. The printing and related costs for our newsletter is approximately \$1,800 per issue. The price varies with the number of inserts and number of pages in the edition. We also mail copies to some of our sponsors and new contributors, all adding to the cost of the 3,000 copies distributed.

All residents residing within the boundaries of the Association receive a printed newsletter four times a year delivered by neighborhood volunteers. An electronic copy of each newsletter is also available on the CGNA web site. We currently have 76 individuals from 43 families assisting with the news deliveries. Routes range in size from a low of 45 to a high of 112 homes per route. Without the voluntary assistance of our delivery families, the cost of mailing the newsletter would be prohibitive. We hope that you read and benefit from our newsletters.

While we were forced last year to cancel our social events, we are looking forward to their return. In the meantime, we have purchased a Zoom account and are continuing to communicate via Zoom. For your use and convenience, we have enclosed a 2021 contribution form and a return envelope. Please note the 2021 contribution form asks if you would like to be given electronic notice of special events and area crime alerts. To effectively provide this service, we will need both your e-mail address and a working phone number. We do not share your contact information with others and limit our communication to that necessary to keep you informed of relevant events within the community. We thank you for your continued support.

Pick-up day for Garbage, Recycling and Yard Waste is Friday

Weekly garbage and yard waste containers will now be collected on Fridays with recycling collected on alternating Fridays. The City's loose-in-the street pickup has ended and the Household Junk Pickup has resumed.

Each City of Sacramento solid waste/recycling customer may again have two free Household Junk Pickups a year per household during the non-leaf season. In addition, customers may request one free dump coupon for self-haul of debris to the Sacramento Recycling and Transfer Station for the Household Junk Pickup program per calendar year. Acceptable bulky items include yard waste, furniture, mattresses, carpet, toys, and four unmounted tires. The city will collect up to 5 cubic yards of material (4'x4'x9') per appointment. An extra charge may apply if your load is in excess of 5 cubic yards. However, beware piles placed out more than 24 hours before an appointment or without an appointment will be considered illegal dumping and fines may be issued. Appliances, TV's, computers, and other e-waste are not acceptable within the Household Junk program. However, you may request two curbside pick-ups for appliances, TV's, computers, and other e-waste during this household junk period. A full list of services available and guidelines for the various programs can be found at www.sacreecycle.org. To request an appointment, customers may call 311, make an online request at www.sac311.org, or use the Sac 311 app with your iPhone or Android. The dump coupons and the appliance/e-waste programs operate year-round.

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Albert Einstein Media Students Shine By, Tarik McFall, Principal

Throughout their time in Distance Learning, Einstein Media students have been working hard as they record and produce our weekly updates from home. This week Einstein students enrolled in Mrs. Julie DelAgua's Media class submitted over 30 videos to compete in this year's SEVA AWARDS! The SEVA contest is open to all Sacramento County and regional K-20 students. The contest celebrates talents and visions of local students and producers.

This year's SEVA Award Night will take place April 18th and will include a special award on "Defining 2020." Good luck Eagles!



SCOE Launches Scholarship Program for County Office Students

By David W. Gordon, Sacramento County Superintendent of Schools



The Sacramento County Office of Education (SCOE) is announcing the establishment of the SCOE Resiliency Scholarship by the Board of Education. The program will support graduating students who have attended SCOE Court and Community Schools, Leo Palmiter Jr./Sr. High School, and the Senior Extension Program.

Many students SCOE serves demonstrate tenacity and perseverance in overcoming adverse challenges to complete their education and advance their futures. The SCOE Resiliency Scholarship rewards SCOE students who have demonstrated determination and resilience in overcoming obstacles and to help support them in pursuing post-secondary education or vocational training and development.

Scholarships will be awarded to deserving students in amounts of \$500-\$1,000, and recipients will be matched with mentors to support them as they navigate their post-secondary education and/or vocational training.

Graduating seniors who have attended SCOE schools during their educational journey are eligible to apply.



Community, City Step up to Feed Sacramento State Students Over Break By Dixie Reid

Thanks to a program created by Sacramento Mayor Darrell Steinberg's office, and supported by Councilmen Eric Guerra and Jeff Harris, Sacramento State students in need have received regular deliveries of restaurant meals and groceries during the Winter campus closure when students typically do not have a paid meal plan. The program, created for the University, continues to give students two meals a day during the week and groceries each weekend through Friday, January 22.

"Mayor Steinberg and the City have come through for Sacramento State once again," said University President Robert S. Nelsen. "In fact, all of Sacramento has come through for Sacramento State."

Even before the pandemic hit, nearly half of Sacramento State's students had experienced food insecurity. Matters worsened as students, and often their family members, lost their jobs and struggled to get enough to eat. With campus dining traditionally not available during winter break, students likely would have ordered restaurant delivery through services such as Door Dash, which can get expensive.

Delivering food to campus were staff from the Mayor's Office and the offices of Vice Mayor Jeff Harris, Councilmember



Rick Jennings, and Congresswoman Doris Matsui. Representatives from the Sacramento City Unified School District's Nutrition Services Department also have volunteered. Local restaurants and businesses supporting the effort included Alaro, Ambrosia Catering, Canon, Mulvaney's B&L, Urban Roots, and Raley's.

SCUSD Working Toward Safe In-Person Student Learning

By Leticia Garcia, Board Trustee Area 2

Sacramento City USD continues to offer a Distance Learning-only option this school year. Despite the hard work of our teachers and school staff to support our students, it's clear that students learn best in an in-person instructional setting.

With this goal in mind, the District continues to update the Return to Health plan based on local, state, and federal guidance to meet the necessary health and safety conditions for in-person instruction. The District also continues to work with labor partners on working conditions.

Recently both Federal and State governments have prioritized reopening schools for in-person instruction to address student learning loss. Schools will receive federal and state resources—potentially in the millions for Sacramento City USD—to fund COVID-19 related costs—vaccines, personal protective equipment, and extended learning opportunities.

Meanwhile, the District has partnered with the City of Sacramento and community-based organizations, to operate Learning Hubs at limited school sites prioritizing students with the greatest needs—foster students, students experiencing homelessness, students receiving special education services, English Learners, and students of essential workers. These opportunities have proven to have had a positive impact on attendance, student engagement, and academic and social-emotional well-being.

I look forward to the day when our students can return to safe in-person learning environment—both as a School Board Member and as a parent of two primary school students in the District.

Greetings from Rosemont High School!

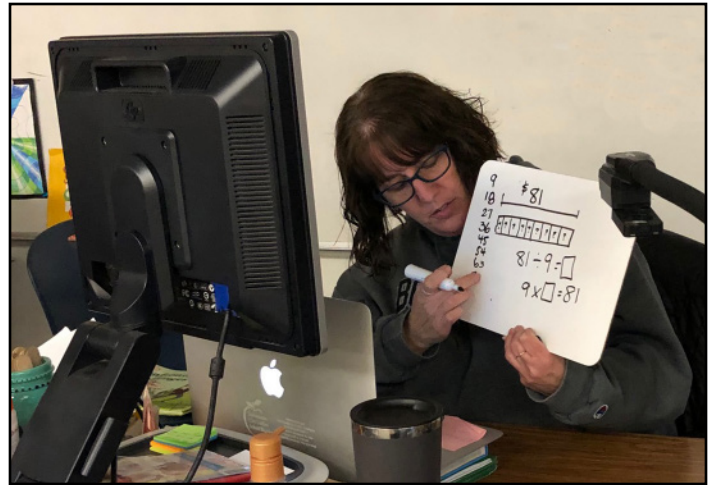
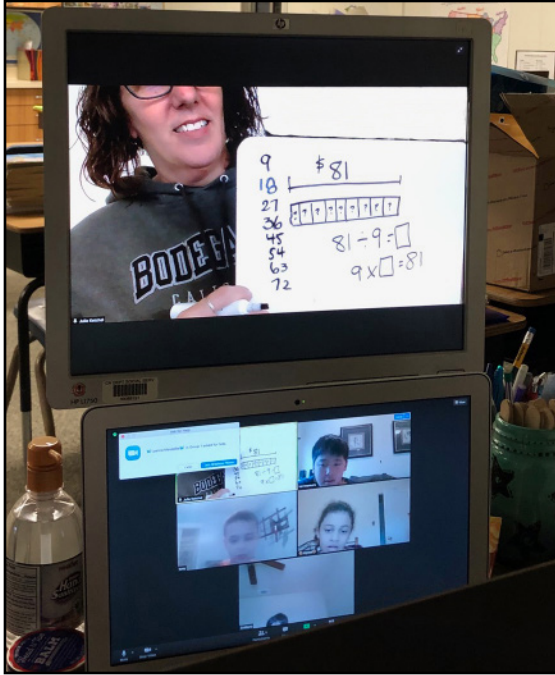
By Elizabeth Vigil, Principal

Although we are all looking forward to the time that we can be together again on campus, staff are working hard to make sure that we're maximizing opportunities for students within the limitations of distance learning. Students in media production classes are currently working on their project proposals for the 2021 SEVA (Sacramento Educational Video Awards) Contest. This contest celebrates the talents and visions of student video producers. The SEVAs are coordinated by the Sacramento Educational Cable Consortium (SECC) and sponsored in-part by Comcast and the Sacramento Metropolitan Cable Television Commission. Engineering, Construction, and Design (ECD) freshmen used their ingenuity and engineering skills to compete in an at-home tower building competition! ECD students are also preparing for the Sacramento Regional Builders' Exchange Design Build competition and will participate in virtual tours of local apprenticeship training centers. First Robotics students are supporting their middle school peers, serving as judges at the Sacramento Qualifying First Tech Challenge. In addition to his work with the Sacramento Blues Society, music teacher Steve Boettner has partnered with the Sacramento Guitar Society to make sure that every one of his students has their own instrument at home. Athletes in a number of fall and winter sports are engaged in daily conditioning on campus!

Rosemont enrollment continues to climb! As a result, we will be adding several new teachers and a number of new support personnel for the 2021-22 school year! We can't wait to welcome our new College Greens families! As always, if you'd like to learn more about Rosemont High School, please reach out for a virtual visitation!

Bancroft Teachers Personalizing Learning

Who said you cannot have one-on-one instruction with Zoom? Bancroft's teachers are making it happen! Redesigning their classrooms and desk into small TV studios. According to the teachers they are holding both group instruction and one-on-one instruction. It is all about believing you can make it work. The students are learning the subject content, developing their computer and social skills, and enjoying the personal attention they are receiving from their teachers.



Big Yellow Dumpster Needs Your Help

The Big Yellow Dumpster project is a great idea! All revenue generated from recyclables deposited in the dumpster go straight to Bancroft Elementary School. However, the dumpster is losing its value because community members are putting in items in that are not accepted in this dumpster. Our Yellow Dumpster can only accept clean cardboard and other clean paper goods, and clean CRV plastic and CRV aluminum. If inappropriate items are deposited in the dumpster the value of the contents is reduced significantly. Clean cardboard has a value. Soiled paper goods and cardboard have no value and can contaminate the entire dumpster. We cannot accept metal cans, pill bottles, paper and plastic milk containers, and soap and other cleaning product containers. Waste Management, the collector of the City's waste products, has a process for recycling these and other types of recyclable materials. Please use the City's recycling bins for these recycling products.

The dumpster is in the Bancroft parking lot to provide the community a place to deposit their CRV recyclables and large cardboard items. The project was started to reduce the value of the waste products in your home recycling bin and as a way of discouraging scavengers from going through your residential recycling bins, all while helping our neighborhood elementary school. Please limit your deposits in the yellow



dumpster to clean paper goods and CRV plastic and aluminum. Please remove all styrofoam and metal from your paper products before placing them in the yellow dumpster.

Thank you for your assistance with this program. Thank you for all of your CRV containers and clean cardboard.

To Customers and Neighborhoods

During Pandemic: SMUD is Here to Help

By Gregg Fishman, SMUD Ward 3 Director

SMUD has gone to great lengths to ensure the reliability of our power grid during the COVID-19 crisis. Keeping the lights on safely is our top priority, and with more than half of our employees working remotely since last March, we've continued providing the reliable service our customers expect.

At the same time, we recognize that many of our customers are struggling to pay their bills during these difficult times. We've extended the moratorium on customer disconnects for non-payment through at least April 2021. Customers who are behind on payment will still owe SMUD for service, but they won't need to worry about losing power or having to pay late fees.

To learn more about payment arrangements, energy assistance rates and other programs, please visit smud.org/HeretoHelp or call 1-888-742-7683. SMUD's public buildings are currently closed to the public for safety reasons.

We've also continued our support of local nonprofits and community organizations during the pandemic. For example, we're providing micro loans of up to \$10,000 through our Sustainable Communities initiative for non-profits affected by the coronavirus.

As the Sacramento region re-emerge from the current crisis, it's important to pool our resources and help everyone get back on their feet. For SMUD, these efforts start but don't end with making sure the lights stay on.

Priorities for 2021

From the Desk of Supervisor Rich Desmond

On January 12, 2021 I took office as your new County Supervisor. I am filled with gratitude to be able to serve the residents of the College-Glen neighborhood and the entire Third District. I have lived in District 3 all my life, and my wife and I are raising our five children here. My life is woven deeply into the fabric of our community. In my position as Supervisor, I will be an accessible and responsive representative for ALL the diverse neighborhoods in District 3 and strive do what is best for our residents and businesses.

During the coming year, I will be focused on getting us safely through the COVID-19 pandemic and revitalizing our local economy. I will also be working on solutions to reduce homelessness. Homelessness is a regional crisis, and the County must work collaboratively with the City of Sacramento and other municipalities to meet this challenge compassionately and with a multifaceted approach. My other focus will be on our small businesses that have faced financial ruin during this pandemic. I am committed to being a voice for the small business community. I hope my constituents will continue to keep me informed about issues they face so I can make sure the County delivers on its obligations.

I encourage you to contact me with any thoughts, questions, comments, or concerns you may have about District 3 or Sacramento County. I can be contacted by email at richdesmond@saccounty.net or by phone at (916) 874-5471.

District 6 Update/Homeless Master Plan

From the Desk of Councilman Eric Guerra

I hope you all had a safe and joyful holiday season in the company of family and loved ones! There is no question that 2020 was a challenging year for us all. The pandemic has challenged us all and gave us an opportunity to reflect on important things that we may have been taking for granted. This past year has also shown how we all can work better together in the toughest of times. As we enter into the New Year, I wish you a year filled with the promises of a brighter tomorrow and a chance for all of us to start a new, more forward-looking chapter in our lives.

The New Year offers an opportunity to reassess and look at some of our most pressing issues with a new focus. One of the most evident challenges is the issue of homelessness. During the first council session of 2021, my colleagues and I brought forward a discussion to start developing a City-wide Homeless Master Plan to address the urgent need and to increase sheltering and wrap-around services for neighbors experiencing homelessness.

While the City of Sacramento has made significant investments and efforts to address homelessness, the COVID-19 pandemic has brought an unanticipated and surging increase in the numbers of people experiencing homelessness due to the economic impacts on many of our residents. Limited resources to house and support our residents experiencing homelessness require all of us to make a collective effort to meet those needs in collaboration with the community, businesses, religious organizations, non-profit organizations, and others.

The Master Plan will include an equity lens across all neighborhoods and a process to provide opportunities for the community to engage and provide input. Our goal is to develop a plan that will reflect City-wide needs, tailored to the resources available in our council district.

In the coming weeks our office will be organizing meetings with representatives from neighborhood associations, local businesses, and service providers to assist in developing a strategy and identifying resources to meet the short, medium and long-term needs of residents experiencing homelessness in District Six. I am encouraged to have already received many suggestion from neighbors on how we can collectively work together to find not only sustainable solutions but meet the immediate needs we see on our streets today.

The City Council will hold additional workshops where the public will have opportunities to learn and provide input. The Council will take a single vote on the Comprehensive Master Plan, scheduled for June 2021, identifying sites and resources in each of the council districts.

If you would like to share your thoughts in the upcoming community working meetings or learn more about this effort, please do not hesitate to contact my office by emailing district6@cityofsacramento.org.

Sacramento County Probation Continues to Provide Services

By Manuel Galaviz, Senior Deputy Probation Officer

The Sacramento County Probation Department remains diligent in ensuring the safety of its employees and the community amid the current COVID-19 pandemic. The Department developed a Worksite Protection Plan, Personal Protection and Equipment (PPE) procedure, and Field Operations Protocol so we can continue to provide necessary and essential community supervision of clients and meet Court and legislative mandates. Community safety and supporting our employees and clients continue to be our priority.

We eagerly await the dissemination of the COVID-19 vaccination to help protect our most vulnerable citizens. Despite the challenges faced from the pandemic, the Probation Department is dedicated to community engagement and would like to thank the CGNA for including Chief Probation Officer Lee Seale and Supervising Probation Officer Robyn Howland in the October Virtual CGNA Annual Meeting. We look forward to future meetings and seeing everyone's smiling faces. We wish you all good health and encourage everyone to take proper precautions to remain safe.

Sacramento SPCA's Doggy Dash – Goes Virtual! Saturday, June 5, 2021

By Kristi Maryman, Sr Manager, Corporate Relations and Events

Please SAVE THE DATE for the 2021 Virtual Doggy Dash on Saturday, June 5. Walk in your neighborhood to celebrate the pets in your life and to raise funds for animals waiting to find their forever homes.

Last year over 2,000 people walked virtually and raised over \$135,000 for the animals. Let's make it happen again!

Visit sspca.org to learn more about the event and how to register. This year we are encouraging you and your friends and business colleagues to make a team. You can even start a team in your community to represent your area! Registration includes a Doggy Dash t-shirt and with four or more team members, your team name imprinted on your shirts. You can also score prizes and snag a doggy bandana for the pups who will be walking alongside you to save more lives!



Real Estate Thrived in 2020

By Linda Wood, Broker-Associate, Dunnigan, Realtors

Happy New Year! 2020 was an unprecedented year. We worked from home and students were home schooled. We cancelled travel plans, little league games, school and charity events, sporting events, and holiday gatherings. Some businesses thrived while others struggled.

Real Estate thrived. After a time when the market appeared to be on hold, Real Estate was deemed to be essential. The market came back strong. Interest rates were at historic lows and inventory was low.

Home is so much more than the place you return to at the end of your day. Many found that they needed more space for work and study. Yards, pools and patios took on more importance. Sacramento is now poised for another strong year. People are not as tied to living near their job as they were in the past. It seems that remote working will remain an option for many.

According to data from MetroList Services, Inc. there were 105 single-family homes sold in College Glen in 2020 at a median sale price of \$420,000 and 16 condos & half-plexes at a median sale price of \$272,500.00. For comparison, there were 102 single-family homes sold in 2019 at a median sale price of \$394,000 and 16 condos & half-plexes at a median sale price of \$274,000. These numbers reflect a strong recovery after a slow start.

My wish for you is that you have a healthy and happy 2021.

Recognizing Leaders who Helped Businesses through Sudden Changes

By The Power Inn Partnerships

On October 14, 2020 The Alliance hosted a First Responders Appreciation Day raising over \$600 for both the Police Cares Foundation and the Firefighters Burn Institute. Responders at Police and Fire stations were given baked goods created by our Fat Cat Bakery and Asante Catering.

The Inclusive Economy Development Collaboration (IEDC), a coalition of local Chambers, Business Districts, legal and technical experts, quickly created an educational series to educate and mentor on business-related issues. From this, The Alliance gave out 20 micro-grants, multi-lingual educational webinars, technical assistance, legal grant-writing help, thousands of PPE masks, and hands free thermometer scanners. Information is available at SacIEDC.org

Sisler & Sisler donated thousands of cleaning and safety supplies to local businesses, College Glen and Elk Grove schools, and the Florin Partnership.

Nine of our restaurants and exercise facilities received portable heaters gifted by the City of Sacramento, which helps them continue doing business outdoors.

SMUD Maintenance in the Neighborhood

On a nice day you may see SMUD in the area replacing aged power polls and rusty transformers. Such was the case on Bowdain Court this January.



Xfinity Running New Lines

Xfinity is currently working in the neighborhood from 8:00 am to 4:00 pm.

If they have not been in your yard, they will likely be there in the next few weeks. Xfinity is running a new line adjacent to the existing line. They will need access only to the line and it does not take long to run the line.

They ask that you keep your pets in the house while they are working in your yard.



CGNA/Foundation Board Members

Annette & John Deglow	383-6621
Marlene & Woody Hansen	383-3427
Sharon & Kevin Irvine	387-1404
Deb Loper and Craig Clifton	416-1205
Anne & Roy Puthuff	796-6392
Penny & Gordon Fergusson	802-9902
Chuck & Nancy Fasula	215-2385
Sharlyn & Steve Solie	383-6621
Betty & Gary Regallo	387-0616
Judith & Carl Kaminski	207-1310
Linda Wood	802-8042
Joan Swanson	383-9490
Stacy Turner	606-5798
Anna Tenderella	381-4473
Bonnie Kaplan	388-9565
Linda Boyles	835-2573
James Lewis	383-0117
Nancy Schuller	606-5711
Carl Kelley	383-6621
Christine Roybal	470-7060
Mark Ravera	601-2254

Register Your Email Address with the Association

Receive notification of:

- CGNA Meetings
- Neighborhood Events
- Special Issue Alerts

We do not share your contact information with others and limit our communication to that necessary to keep you informed of relevant events within the community.

Use the enclosed contribution/e-notice form and return envelope with your contact information including your e-mail address and approval to communicate with you via email.

Spring Update

By Brian Holloway, Trustee, American River Flood Control District

As we approach Spring 2021, you will see more on-levee activity from our flood protection crews. Three main activities will be noticeable this time of year. One is mowing the grasses that begin to grow tall and obscure our observations of the solid structure of the levee surfaces. We are now using our new robotic remote-controlled mower that is now able to access the steepest portions of the levee slopes and makes it physically safer for our operators.

Second, you will regularly see our trucks on the levee crown driving slowly looking for any potential problems, such as cracks, slumps, erosion and fallen trees, especially during the rainy season that begins about this time of year.

Third, you will see us completing repairs to the levees themselves. Typical work includes adding gravel to the levee crown, removing dead and dying trees, filling dangerous rodent tunnels intruding in to the levee, and resurfacing the levee slopes where erosion during the winter has occurred.

If you see our crew on the levee, feel free to wave "Hello." They would appreciate your recognition.

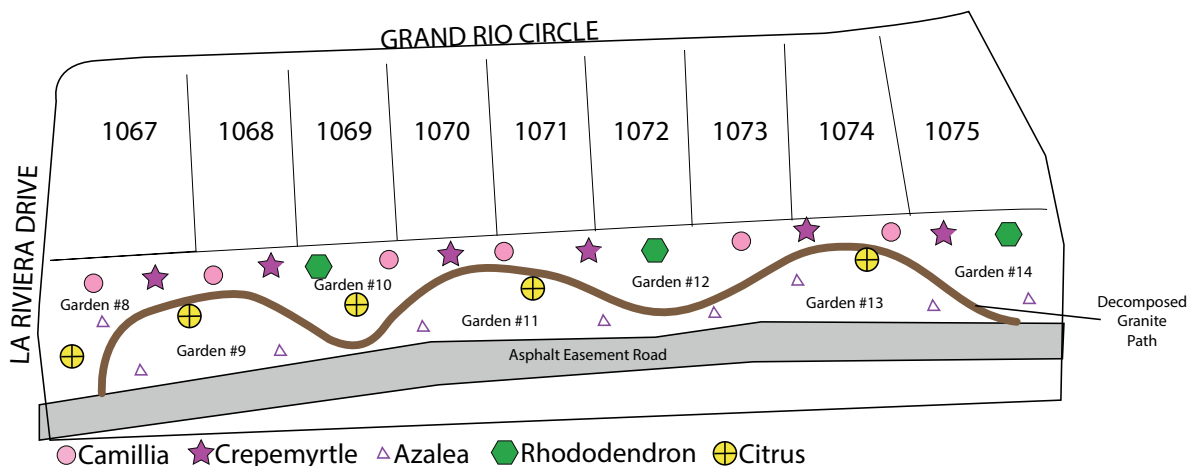
Thank you.



CGNA's River Access Garden Update



The River Access Garden project was our first community Cell Tower Project which began back when Dave Jones was our councilmember. Unfortunately, with the loss of the cell tower funds, the project appeared to be lost forever. However, Councilmember Eric Guerra may have just brought it back to life. The current plan is to develop the infrastructure for the east side of the road and to incorporate the existing butterfly garden into the original plan. The Butterfly garden has been trimmed and the bidding process for the irrigation system and the walking path are about to begin. The Association and Councilmember Guerra's staff walked the area to make final adjustments to the project and all seems to be a go at this time.

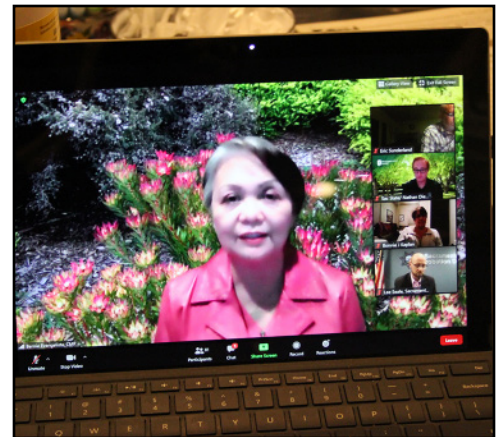
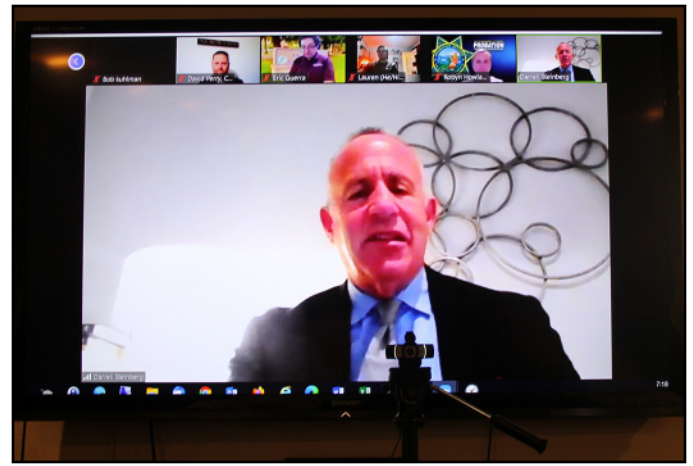


2020 Zoom Annual Meeting/Candidates Forum Well Attended

The CGNA and Foundation's Annual Meeting and Candidate Forum took on a different look this year but was still well attended. What had become our traditional Fire Station 60 social was not acceptable under the current social distancing guidelines. The event was held over Zoom this year.

Our Media Chief Carl Kelley coordinated the technical needs and laid out a floor plan for social distancing. Each of the 23 invited speakers were offered to join either in person while practicing social distancing or via Zoom. We had 103 guests join us via Zoom - a great first by itself. We hope to return to Station 60 for our next CGNA Annual Meeting but will likely continue to offer the option for Zoom attendance.

Our meeting started with the election and introduction of officers and directors followed by the 2020 financial reports. Included in the review of the year's activities was a summary of the special community meetings related to proposed ban on massage parlors, cannabis dispensaries, smoke shops, and check cashing shops along Folsom Boulevard. Following the reports guests heard from members of the Sacramento Police and Fire Departments; Sacramento County: Probation, Office of Education and Flood Control Board; Los Rios Community College District; SMUD; California Montessori, Christo Rey, Bancroft, Einstein, and Rosemont Schools; SCUSD Superintendent Jorge Aguilar, Councilmember Eric Guerra, and Assemblymember Kevin McCarty. Next, candidates for Sacramento County Board of Supervisors District 3, California Assembly District 7, SCUSD Area 3, Los Rios Trustee, Area 7, U.S. House Representative District 6, Proposition 15, and Measure A.



Holiday Crimes a Big Portion of 2020 Crime

By Ron Alvarado

Of the 325 crimes reported in our neighborhoods during 2020, 42% of them were committed during the long holiday season, beginning just before Thanksgiving, and ending a few days after New Years Day. Some 136 crimes were reported from November 20, 2020 through January 4, 2021 while 189 crimes in the reported categories were reported from January 1, 2020 through December 31, 2020. The most prolific crime reported during the 2020 calendar year was theft, and theft ranked number one for the holiday period as well. Burglars continue to prey on “removing” articles from our cars, and seem to take aim at stealing our cars as well.

Reported Crime	November 20, 2020 Through January 4, 2021	Total Crimes in this Category All of 2020
Burglaries from residence		
Theft	34	43
Burglaries from motor vehicles	31	37
Aggravated Assault	16	26
Vehicle Theft	15	21
Burglary-Commercial	13	14
DUI	8	14
Burglary-Residential	7	12
Robbery-Individual	4	6
Arson	3	6
Robbery-Commercial	2	3
Shoplifting	2	4
Vandalism	1	3
Total	136	189

Stay in Touch with The College-Glen Neighborhood Association!

Check out the CGNA Web Site!

- Read a full color version of the neighborhood newsletter
- Learn more about our sponsors
- Find out dates for upcoming events

www.collegeglen.org

CGNA Newsletter Distributors

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Thank You!

Editorial Policy

College-Glen News is a collaboration of articles from community leaders, CGNA Board of Directors, and citizens at large. The opinions in the articles do not necessarily reflect those of the board, unless stated so. If you wish to submit an article or have an editorial, please mail it to the listed address with your name, address and phone number. Editorials with this information will be addressed and/or considered for publication in next quarter's issue.

College-Glen News is a quarterly publication of the College-Glen Neighborhood Association.
Sharlyn Deglow-Solie, Editor
Contact us at:

CGNA, P.O. Box 276474
Sacramento, CA 95827

McClaskey Adult Center Classes On Hold Due to COVID-19

Free Friday Morning -Watercolor Mini-Workshop

As in the past Free Friday classes continue provided the outside conditions are safe along the American River. In the past that meant as soon as the water level at the river goes down to a safe level. Unfortunately, today that means when the government and the medical advisors tell us we no longer have to fear the coronavirus. Woody has confirmed that he is committed to resuming his Free Friday Watercolor classes at the American River as soon as it is safe to do so. The time will be the same 9:00 am – 11:00 am. As always, Woody welcomes all levels of students, including observers, beginners, intermediate, and advanced. Woody does ask that an adult accompany students under the age of 18. There is no registration fee: just show up at the right time. Because of the uncertainty of the start time Woody suggests that you check in with him via e-mail check on the re-start date. In the meantime, Woody continues to offer watercolor classes in his home-studio via distant learning. For information you may e-mail Woody at watercolors@woodyhansen.com.

Woody is currently displaying a painting each day outside his home to help us get through the COVID-19 pandemic. As you take your daily, socially responsible walks through the neighborhood and past Thomas Jefferson School, be sure to stop and enjoy Woody's paintings.



Uechi - Ryu Karate

The Uechi Ryu class at the McClaskey Adult Center—Thomas Jefferson Branch suspended classes on March 12, 2020 in response to the current public health crisis. While the class is not holding group sessions, members still have access to training.

Henry Carino, who leads the children's classes, has been holding Zoom classes on Monday, Wednesday and Friday at 6:30 pm. The class is open to both children and adults. For information, email Carino Sensei at hrcarino@yahoo.com.

The class also has access to videos being posted on YouTube. As the current time the videos cover elements of the katas San Chin and Kanshiwa. To access the class videos go to:

<https://youtu.be/2bVOsA2CX7c>

For additional information about the class, contact Robert Van Der Volgen Jr. at vandervolgenjr@yahoo.com, or call him at 801-9735.



Music & Movement for Toddlers & Pre-Schoolers with Lisa Phenix

This class like the others is temporarily on hold and will remain that way until it is safe to resume. When instruction resumes you may want to join this class as a means of stimulating your child's development on every level, promote self-esteem, increase coordination, nurture your child's self-expression, and bring out the song in your child, with Lisa Phenix and her music and movement class. With egg shakers, bells and drums in hand, your child becomes part of the back-up band as we explore nature, gravity, and the seasons.

This is a parent/grandparent participation class scheduled for Thursdays at 9:15 am. The cost is five sessions for \$25. For information and start date e-mail Lisa at lisap@winfirst.com or call 719-6106.



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As of January 31, 2021. All 916 area code unless otherwise noted.

New Sponsors

We welcome two new sponsors to the College Glen Neighborhood!

- Polly LaPorte's Pet Portraits. Call Polly at 606-2623 to set up a pet photo session.
- The Blake Hill Real Estate Team. Contact Max and Alex at 530-383-1229.

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