



Annual October CGNA Meeting to Feature Candidates for Mayor and Assembly District 6

Our community will experience a change in leadership at the local and state levels in 2024. We are electing a new Mayor of Sacramento and a new state assemblymember. These two positions are critical in representing issues that affect our quality of life in College Greens and Glenbrook.

The CGNA/Foundation does not endorse candidates. It does encourage everyone to be an informed voter and tries to bring the issues and candidates to our community. The Association/Foundation is including a candidate's forum within our 2023 Annual Meeting on October 19, 2023. The four identified candidates for Mayor of Sacramento have confirmed their attendance. The eight identified candidates for Assembly District 6 are currently responding. Each candidate has an equal amount of time to

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address the neighbors and to respond to your questions during the Q&A session. We encourage everyone to attend the annual meeting and participate.

Avail yourself of this opportunity to hear from each candidate in-person to help you decide who is the best person to represent you and our neighborhoods.

Attend the Annual Meeting on Thursday, October 19th to meet the candidates and to help you to make an informed vote in the March 5th, 2024, primary election.

CGNA Annual Meeting

October 19, 2023 @ 6pm

Fire Station 60 - 3301 Julliard Drive

Agenda *(subject to change)*

Brief comments by:

- Councilmember Eric Guerra, D-6
- Senator Angelique Ashby, D-8
- Assemblymember Kevin Mc Carty, D-6
- Gregg Fishman SMUD Ward 3,
- Sacramento Fire Marshal Jason Lee,
- Captain Steven Moore, Sacramento Police Department
- Chief Marlon Yarber & Elise Vondrak, County Probation
- Rae Van Der Werf, American River Flood Control Board
- Rachael Brown, Executive Director for Power Inn Alliance
- Weiland, Berry, Gustin & Baker, American River Assocs.
- Mitchell Jones, Principal Rosemont High School
- Chase Tafoya, Principal Einstein Middle School
- Lorena Carrillo, Principal Bancroft Elementary School

Candidates for Mayor:

Flo Coter, Steven Hansen, Kevin McCarty, Richard Pan

Candidates for State Assembly District 6:

Emmanuel Amanfor, Sean Frame, Rosanna Herber, Maggy Krell, Carlos Marquez, Evan Minton, Preston Romero, Paula Villescaz

Oki Park Fire Safety, Trespassing, and Parking

The Oki Park events this August included a fire on Friday and soccer games the following Saturday morning. The Association/Foundation believe the two events document the need for the City of Sacramento to initiate an aggressive enforcement of the current city codes associated with the south Oki Park easements. There are two posted signs adjacent to the easement where the fire broke out. One reads, "NO DUMPING / NO CAMPING violators will be prosecuted." The other sign reads "NO TRESPASSING." There is a sign on the easement across the street where the soccer games are played that reads "NO FLYING AIRPLANES." Some area residents will recall the day when the failure to enforce the no flying airplanes resulted in the death of an area youth. It is time to enforce the regulations and to make the easement functional and safe for use by the public.

Were it not for the quick action of a U.S. Postal worker and the Fire Station 60 crew, homes might have been lost to the Friday fire. Should a fire be sparked by a motor vehicle parked in the easement during a soccer game, more than property could be lost. SMUD and the Western Area Power Administration (WAPA) both have electrical transmission infrastructure in this easement. Current management of this area poses a danger to our community. The Association has asked the City to paint the curbs in front of all the area fire hydrants with red paint and to enforce the City's posted no trespassing, no dumping, and no camping areas. At the same time the Association/Foundation has asked that the City clear the field of all weeds, level the ground, and install a temporary compacted dirt or gravel-based parking lot with weed control for Oki Park users until a more permanent parking lot can be provided. The Association/Foundation believes doing so will reduce the risk of fire and provide much needed area parking.

In addition, the Association/Foundation will be reaching out to SMUD and the WAPA to request their involvement in ensuring safety issues in the easement are addressed.

Welcome Back Bancroft Beavers! By Lorena Carrillo, Principal

Everyone was eager to start the 2023-2024 school year! You could hear the excitement in the air on Thursday, August 31, 2023. The Beaver mascot was out in the morning to welcome all the students and their families! It was a day filled with emotions, excitement, and a sense of new beginnings. The returning students were so excited to see their friends and the new students were eager to make new friends. They shared their summer adventures and gave hugs to each other. All the students were eager to show off their new backpacks, lunchboxes, and first day of school outfits. In the Transitional Kindergarten and Kindergarten yard, you saw parents holding the hands of their little ones as they embarked into a new adventure full of fun and learning.

As we return to our classrooms and hallways, we do so with heavy hearts, for we are faced with the absence of a beloved teacher who has left an indelible mark on our lives ~ our PE teacher Ms. Pam Courtney who passed away days before the start of school. Students were given the opportunity to wear red and gold ribbons in remembrance of Ms. Pam since she was a huge San Francisco 49'er fan.

The first day of school without a beloved teacher is a unique and emotional experience. It is a day where we acknowledge the void left behind while also celebrating the enduring impact of their work. As we navigate this academic year, we carry Ms. Pam's memory with us, finding solace and inspiration in the lessons she taught us, both in and out of the classroom.



Celebrating the Life of Ms. Pam By Lorena Carrillo, Principal

Hubert Bancroft lost one of their biggest champions, PE teacher, Ms. Pam Courtney on August 25, 2023. Ms. Pam, as she was known by thousands of students and families had been employed by SCUSD for 36 years, the last 29 years at Bancroft. We held a Celebration of Life at Bancroft, where she impacted so many lives, on September 16, 2023. Principal Carrillo spoke of Pam's effect on the school, her brother Stephen Courtney described how she always persevered under any circumstance, her cousin Dawn Smith shared family stories, and her nephew Daniel Freschi discussed her extended family that included her students, their families, and fellow sports enthusiasts. Assemblymember Kevin McCarty presented a memorial resolution of Ms. Pam to the family and school.

Students from prior years sang her infamous "Billy Bones" song and "Seasons of Love" from the musical Rent, as Ms. Pam loved musical theater. More than 300 people came out to honor Ms. Pam for her years of dedication to the community.

Bancroft students also gathered on her birthday, September 7, to honor Ms. Pam with a bubble release and to sing happy birthday.

Ms. Pam was a staple to Bancroft Elementary and the College Greens and Glenbrook neighborhoods. She attended every baseball, soccer, football, or basketball game that her students were part of. She was always cheering them on from the sidelines. If the weather was not the greatest, she would park her van near the field so students could hear her cheer! Ms. Pam had a love of sports and she wanted everyone to feel like a star.

Ms. Pam was a champion for the students at Bancroft, present and past. She loved to travel to sporting events where her former students participated. Once you had Ms. Pam as a teacher, she never left your side.

The loss of Ms. Pam leaves a huge void at Bancroft. She lived her life with unwavering determination, embracing each day with a spirit of optimism that was truly infectious. Ms. Pam knew that life was a precious gift, and she lived it to the fullest, leaving behind a legacy of laughter, love, and unforgettable memories.



Greetings from Rosemont High School!

School has kicked off at Rosemont High School and we are excited for this school year. This year is our 20th anniversary and there is a lot happening.

We have started our first year of the freshman house program, where our ninth graders are a part of one of four houses. Each freshman house shares three core academic teachers and we have our new ninth grade coordinator, Ms. Piatt, in place to support staff and students.

Our ECD, LEAD, and Culinary programs are still going strong and we anticipate growth in programs as ninth graders will have more exposure to what they offer before they select a pathway for their sophomore year.

Ms. Vigil, our beloved principal, has retired and we wish her well. Assistant Principal Mitch Jones will be stepping into the role for the year. On that note, we are excited to welcome all Wolverines, past and present, back for homecoming on September 29th against Galt. We look forward to this school year and are continuing to connect our campus with the Rosemont community.

Thomas Jefferson School Toddler and Pre-School Program Openings

The College-Greens Branch of the McClaskey Adult Parent Participation Toddler & Pre-School Programs continue to be popular with local parents and grandparents. The morning pre-school class for 3-and 4-year-olds has limited openings and the Friday morning toddler class for 2 and young 3-year olds both have a limited number of openings. If you have questions or would like to register for one of the open seats in the pre-school/toddler programs, please contact teacher Ms. Paula at 247-3335 or 382-5963.

Benefits of Higher Ed and Career Training

by Tami Nelson, Los Rios Community College District Trustee

Does attending college do more than improve job prospects and increase salary? Can it also make people healthier, kinder, and more charitable?

According to a recent Lumina Foundation and Gallup report, there are many more benefits to higher education, than just earnings. A college degree can help with personal health, civic engagement, and even relationships.

In terms of other benefits, people who have attended college tend to do better on problem-solving and literacy exams. They are more likely to state that they are in good health, they volunteer, and that they try not to harm the environment.

While Sandy Baum, a senior fellow in the Center on Education Data and Policy and the Urban Institute points out that there is no specific evidence that these are effects of higher education, there seems to be a correlation. There's also a correlation between these metrics and career-readiness skills. Having confidence to achieve goals, and the ability to get along with people from different backgrounds, are both important to workplace success.

The Los Rios Community College District offers many pathways toward AA degrees, as well as Associate Degrees for Transfer. The college district also has internships and apprenticeship programs. Lastly, certificate programs offered include iron work, cabinetry, plumbing, and sheet metal. There is a wide variety of programs available for everyone!

Mentor a Child

By Bina Lefkovitz, SCOE, Trustee Area 1

The greatest gift you can give a young person is your time, by being a mentor. The research is clear that caring relationships can help a child overcome trauma and get on a good path in life. For 12 years I have weekly, for an hour, mentored SCOE students in our community schools and juvenile hall, through our LINKS mentoring program. This year, I became trained as a Court Appointed Special Advocate (CASA) with Sacramento CASA to mentor a youth in foster care. These youth face great odds but are also incredibly resilient. Youth in foster care struggle to read at grade level, they are overrepresented in our juvenile justice system, and are likely to become homeless (30%) when they age out of care. The CASA training is 6 weeks, requires an 18-month commitment, and expects you to talk weekly with your mentee and attend at least two court hearings a year. CASAs are sworn in by a judge and hold a very critical role as advocates for the youth, based on what you learn about their wants, needs, and hopes. There are many great mentoring programs in Sacramento. Please check out Mentor California to learn about mentoring opportunities. If you want to take a deep dive and help our most at risk students, youth in foster care, please go to <https://sacramentocasa.org/>

Einstein Middle School Welcomes Students

Back to School By Chase Tafoya, Principal

The 2023-23 school year has kicked off, and Einstein Middle School could not be prouder to welcome new and returning students. Einstein students are provided a vast array of rich learning opportunities with a strong emphasis on core academics and engaging learning opportunities. These engaging opportunities include robotics, Career Technical Education, orchestra, band, art, media, yearbook, leadership, and more. Our dedicated staff is thrilled create an excellent middle school experience where our students are successful and thrive!

FAMILY FALL FEST

Free family event for families with
pre-school and elementary age kids

Tuesday, October 31

6:30 pm - 8:30 pm



*Free games, facepainting, and
LOTS of candy!*

Valley Community Church

3150 Wissemann Drive, Sacramento

916-383-0775 ~ vccweb.org

There will be a food truck on site!

2023-2024 CA State Budget

From the Desk of Assemblymember Kevin McCarty

Thank you for your advocacy on behalf of your neighborhood.

I would like to invite you to our Open House at our District Office (915 L Street, Suite 110) on Tuesday, September 26th, from 4pm-6pm. I would love to connect with you about the issues you care about and to share the services and support we provide.

As I mentioned in a previous newsletter, last year I authored Adaptive Reuse legislation that turns underutilized state buildings into much-needed housing. This allows communities across the state to prioritize their homelessness response and address the current housing crisis. Here in Sacramento, three EDD buildings were identified, and I'm happy to announce that McCormack Baron Salazar was selected as the developer for this project.

Additionally, I am pleased to say there is no better time for students to attend college! As Chair of the Education Budget Subcommittee, I am proud of the investments we've made these past few years to increase funding for CA college students and achieve record-breaking admissions, expanded accessibility, and more financial aid. The University of California (UC) offered the highest admission rate ever (68%) to in-state freshman students, in addition to our plan to replace 4,500 spots for international students with in-state students at the Berkeley, Los Angeles, and San Diego campuses. The California State University (CSU) has 4,000 new students, plus 10,000 lined up next year. More students can afford a higher education, with \$2.3 billion and \$859 million in CalGrants and Middle Class Scholarships funding over two years. Campus housing will also increase, with 6,500 beds being added to UCs, CSUs and community colleges, addressing a pressing issue for our students.

Stay connected with me on social media @AsmKevinMcCarty and visit my website at a06.asmdc.org for updates.

Sac County Probation Receives Grant Funding to Purchase Mobile Outreach Vehicles

By Elise Vondrak, Supervising Probation Officer

The Sacramento County Probation Department was awarded grant funding in the amount of \$1,319,860 to purchase several mobile probation service centers. These service centers will provide vital resources to youthful clients, unhoused clients, and clients in rural areas. The department will expand existing contracts with county partners, such as Health Services and Human Assistance, to support the mobile units and offer crucial links to services targeting the needs of the unhoused, while also ensuring public safety. These will serve as a mobile "one stop shop" to allow clients access to an array of services including meeting with officers and support staff at the fixed workstation. Clients will be able to charge their mobile devices, have access to the clothing closet, hygiene kits, and the exterior personal washing station. Clients will also have access to snacks, water, and hot beverages. Additionally, the vans may park outside of the county main jail for intake appointments, increasing the rate of contact for this population. The laundry trailer will allow clients the opportunity to wash their clothing. These mobile outreach units will have the ability to move around throughout the county as needed, benefiting the community which aids in our clients' journey toward recovery and success. We do not have an exact date for implementation, but we are excited to help the community in this new innovative way!

Win a \$100 SMUD Energy Store gift card with Paperless Billing

By Gregg Fishman, SMUD Board of Director, Ward 3

Clean energy, affordable rates, and reliability are some of SMUD's greatest strengths. Equally strong are our customers! With one of the nation's most aggressive regional decarbonization efforts for cleaner air and a clean energy future, SMUD continues to lead the way, bringing along our customers for the ride toward a brighter future.

Our 2030 Zero Carbon Plan aims to eliminate carbon emissions from the region's power supply and support the electrification of vehicles and buildings, allowing everyone to fully enjoy the benefits of a clean energy future.

SMUD invites every community to join us on this journey toward zero emissions. Whether it's through EV incentives, home efficiency programs, educational events, or workforce development opportunities, we're demonstrating that a clean energy future is accessible to all, and we can all play a part.

Going Paperless Billing is a small step you can take right now to help us protect the environment, and not to mention, declutter your home or business of unnecessary paperwork. It's also an opportunity to win \$100 toward SMUD's Energy Store, where you can find items that improve efficiency, save energy, and help protect the planet. And not to worry, your bill is still accessible and viewable whenever you need it.

To get started on SMUD's Go Paperless sweepstakes, sign up at smud.org/Paperless.

FAMILY FALL FEST Sunday, October 1 12:00 pm - 4:00 pm

at Stirling Park Drive &
Rod Beaudry Drive
*near the entrance of
River Bend Park, Sacramento*

FREE ENTRY



*Come tour this scenic and
treasured area near our American
River Parkway that includes hiking,
biking, and bird watching.*

**Live Music • Educational Speakers
Nature Walks • Local History
Arts & Crafts • Live Animal Show
Food & Drink**

BAC Soccer is Off to a Good Start

BAC Soccer started is back in season! The Oki Park games on Friday evening and Saturday morning both drew record crowds. Many families came with refreshments and pop-up tents. The youth games began at 6:00 pm on Friday evening. The intent is to introduce both the players and their parents to soccer and the art of sportsmanship and sharing. Parents support and encourage players on the home team and the opposing team. Players take turns playing various positions and when not on the field they are encouraged to learn from and cheer for the players on the field. All the under 6 co-ed games are played under the power lines in the Oki Park Easement every Friday evening.

The Saturday morning soccer games are for the older youth and begin at 9:00am. The Oki Park Easement is transformed in to two fields for the Saturday games with a modified field for the 8 and under youth and a full-size field for the 10 and under youth. The 12-, 14- and 16-year-olds play o full-size fields at Thomas Jefferson. Unlike the under-6 games, the older youth games are more structured and competitive. All games are entertaining, and the community is welcome and encouraged to come watch.

For information on locations and specific games and times visit bacsoccer.org.



Making Progress on Homelessness

From the Desk of Supervisor Rich Desmond

Since being elected to the Board of Supervisors, I have spent the majority of my time addressing the biggest issue we face: homelessness. I have good news to share!

On Monday, August 21, 2023, Sacramento County's first Safe Stay Community welcomed its first guests. The sleeping cabin-style shelter will have up to 125 single cabins and 25 double occupancy cabins. The Florin Road Safe Stay is currently a closed referral process, and priority will be given to people living outside in the immediate area around the shelter.

This fall, the County will open a second Safe Stay shelter near Florin and Highway 99 that will serve 65 people. We have begun work on a shelter off Watt Avenue near Roseville Road that will eventually serve over 200 people, and we hope to announce another shelter soon in coordination with the City of Sacramento which will serve 150 people.

I believe our response to homelessness requires four Cs: Compassion, Coordination, Capacity, and Consequences. We have improved coordination between the City and County through a Partnership Agreement. The Safe Stay shelter beds will improve our capacity. While everything we do to solve our homelessness crisis must be guided by compassion, we need to make sure there are consequences for people who jeopardize the safety of our neighborhoods and businesses.

You can support the County's new Safe Stay shelter by emailing the operator, City Net, at getinvolved@citynet.org. City Net will coordinate donations and provide information about volunteer opportunities for those 18 and over.

Botanical Citrus Garden Update

Last fall three of the College-Glen Botanical Garden citrus trees were severely damaged by the river wildlife. Wolf and coyote scented pellets were scattered about the base of each citrus tree as a deterrent. Each tree was also sprayed with a liquid to make the foliage distasteful for the wildlife. The Sacramento Tree Foundation offered to replace the three damaged trees in September. However, during the spring and summer, two of the damaged trees had sufficient new growth. We will give these two trees another season before replacement. The Bears Lime tree that did not show any growth will be replaced.

We are adding hanging plastic and metal items on the branches to discourage the wildlife from nibbling on the trees. The trees are watered with an underground drip line.

The plants are still young and adjusting to the Sacramento environment. Each tree will be covered with shade cloth in the winters to protect them from the frost and the native grasses will be allowed to grow around the base of the trees to protect them from the sun until the roses are able to service that need.



Sacramento County Opens First Safe Stay Community

By Janna Haynes, Sacramento County Department of Homeless Services and Housing

Sacramento County's first Safe Stay Community opened in August 2023. The sleeping cabin style shelter campus has a capacity of 125 people – 75 single cabins and 25 double occupancy cabins and was approved by the Board of Supervisors in June 2022.

On premise guests can use bathroom and shower trailers, laundry services and eat three meals a day in the common area. The campus also has a gated pet relief area, a computer lab, entertainment space, employment development and housing-focused case management. Guests are connected with transportation resources to off-site appointments such as medical appointments or jobs.

Each cabin is outfitted with a bed that folds down from the wall, two storage containers, basic toiletry supplies, desk and chair, overhead light, HVAC, power outlets, smoke alarm and fire extinguisher and a locking door. Cabins also have enough space to accommodate a dog bed or pet crate. The campus has storage containers for possessions that do not fit in sleeping cabins.

There are 25 employees dedicated to managing the campus, operated by City Net, that oversee meeting client's basic needs, as well as provide case management and housing navigation. The Community is currently a closed referral process, through homeless services providers engaging with people living outside near the shelter. People experiencing homelessness and looking for other shelter resources should contact the Housing Crisis Line by calling 2-1-1.



Greetings from the Sacramento Fire

Department! By Captain Justin Sylvia

Greetings from the Sacramento Fire Department! People tend to let their guard down as we look forward to enjoying the cooler weather of fall. This is a time when the north winds pick up and everything tends to dry out. We need to stay vigilant and remember that most of California's deadliest wildfires have come in the months of September and October.

As many of you know in August, we had a fire on the south side of Oki Park. Crews responded quickly and made an aggressive attack on the fast-moving grass fire that was threatening 5-10 structures. We were able to contain the fire to the field and it extended into some of the fences. Zero homes were damaged in this fire.

Our rivers are flowing higher, faster, and colder than in recent years. Station 60 has life jackets for the public to check out. If you are heading to the river, come on by and check out a life jacket and always remember safety first! Station 60 would like to recognize Annette Deglow from the CGNA and Aubrey Bozos from the College Greens Swim and Racquet Club for arranging for the Station 60 Crew to train in College Greens Cabana Club pool. Station 60 has taken advantage of the pool to train so we can be ready when a water rescue call goes out on the American River. Thank you very much for allowing us to use the pool!

Enjoy the rest of summer and cooler temps in the future. Contact us if you have any questions.

College-Glen Real Estate

By Doug Reynolds

Cooler mornings and evenings in Sacramento usually mean a transition to a cooler real estate market as well. Sacramento and College-Glen typically experiences a "seasonal real estate market." The market over the spring and summer was one of limited inventory and high buyer competition. The homes that were priced correctly, showed well, and were marketed by an expert received offers in a few days, sometimes over the list price. The shift in the weather also brings a slight shift in the market as well. Yes, homes are selling but the subtle changes are homes taking a little longer to sell, some price reductions happening for the ones a little overpriced, and buyer competition not as fierce as earlier in the year. Interest rates have increased and that has buyers a bit skittish. They will still proceed with an offer, but it must be the right house at the right price. Nothing unusual for this time of year. The odd occurrence though is this seasonal adjustment happening at a time of still very low inventory due to many homeowners not wanting to sell for fear of going from a 3% mortgage to a 7%. It's a very unique time in College-Glen real estate. Some houses selling, some sitting, not a lot available but also not a large buyer pool. Interest rates are the reason. If we see rates move down into the 6% and 5% range, then expect the market to really heat up again. If not, then the market will keep moving along as a mixed bag for both buyers and sellers.

Replace your Faded Neighborhood Watch Sign

The first Neighborhood Watch program in the College-Glen neighborhood was hosted on September 25, 2003, by the residents of Olivet Court, Hastings Court, Bennington Way, and Notre Dame Drive. The neighbors exchanged contact information and agreed to keep a close watch on each other and their property. The program was coordinated by a City Crime Prevention Specialist. The Association and Council District 6 split the cost for signage to be installed at each of the five entrances to the neighborhood and a smaller sign in the area of each Neighborhood Watch program registered with Zuckswert, Council District 6, and the Neighborhood Association.

The current signs have been up for 20 years and are no longer bright and visible and the City no longer has a Crime Prevention Specialist to support the program. However, Councilmember Guerra has agreed to ask the City to replace the current faded signs with bright new ones if we will identify where they are needed. If you have a faded Neighborhood Watch sign in your area please e-mail a photo of the sign with the with the cross streets and your contact information, including a phone number to the Association at cgna@collegeglen.org.



Stay in Touch with The College-Glen Neighborhood Association! Check out the CGNA Web Site at www.collegeglen.org

- Read a full color version of the neighborhood newsletter
- Learn more about our sponsors
- Find out dates for upcoming events

US Postal Carrier and Fire Station 60 Save Neighborhood Homes

Mid-afternoon in August, smoke was observed along the dry grass in Oki Park, WAPA, and SMUD easement along Lake Forest and Wissemann Drives in the City of Sacramento. The smoke and flames were detected by U.S. Postal Carrier Robin Johannsen who immediately called the City's 911 system to report the fire. Then without hesitation, Robin ran to the homes on Everglade Drive bordering the easement to alert residents of the fire and potential damage to their rear yard fences and homes. As the result of Robin's efforts, neighbors began watering down their backyard wooden fences and removing household pets from their yard. The flames began moving aggressively toward the eastern side of the easement. The Sacramento Fire Department Station 60 crew arrived and immediately worked to douse the flames that had begun to ignite the wooden fences of residences bordering the easements. Fire Station 60 used their engine water supply to quickly reduce the flames to smoke and bring the fire under their control.

The College-Glen Neighborhood Association/Foundation believes that without the alert and quick action by U.S. Postal Carrier Robin Johannsen and the quick and aggressive response of the Station 60 crew, there might have been serious damage to the adjacent SMUD power sub-station, the WAPA electrical transmission lines through the easement, the adjacent homes, and potential injury to the residents whose homes border the easement. While the services of the back-up Fire engines and trucks that arrived from both the City and the Metro Fire districts were not needed in this case, as a community we acknowledge with appreciation the value of their presences and the public safety response by the Fire Station 60 Crew and the other City and County firefighting personnel.



Station 60 in Training at the Cabana Club

The Station 60 Crew is now using the College Greens Swim and Racquet Club for training. Fire Station 60 is the designated first responder for water events at the American River. To help them train and be in top condition they were looking for a pool with lap lanes close to the station. When the local Cabana Club was advised of the need they responded by offering use of their pool to help ensure that the Station 60 rescue teams are at their best when they are called upon to participate in a water rescue along the American River. Fire Station 60 can respond to a call in our area in 3 to 5 minutes.

When you drive past the Cabana Club on Notre Dame and see the Station 60 Fire Engine in the parking lot you now know that our Fire Station 60 Crew is in training to help protect our community. One crew member will stay with the engine during the training and Engine 60 will remain in service most if not always for other area needs. A special thanks to the Cabana Club for this incredibly important public service.



Old Glenbrook Tennis Courts Replaced with Combination Tennis & Pickle Ball Courts



The Association/Foundation initially requested one tennis court and two pickle ball courts following the Sacramento County standard but were advised that the City of Sacramento standard is a combination tennis and pickle ball court. The City asks that the courts be used for tennis or pickle ball only. The lights may be used from sunset until 10:00 pm. Enjoy and be safe.

The Association/Foundation advised Mayor Steinberg at his townhall meeting of the deteriorated state of the Glenbrook tennis courts. Thank you, Mayor Steinberg, for addressing this neighborhood amenity. Glenbrook Park now has two new combination tennis and pickle ball courts.



Time to Clean Your Gutters

By Zuray Perez-Garcia, State Farm Insurance

Cleaning your gutters is an important task to help avoid expensive damage to your home and yard. If ignored, clogged gutters can cause:

Detachment: The weight of several seasons' debris can pull gutters away from your house, which can damage the roof and fascia.

Water damage: An obstructed water path can cause water to leak into the roof or overflow down to the foundation. This moisture can cause mold growth and rot, which can affect your home's structural integrity, as well as your family's health.

Follow these tips to tackle gutter cleaning at least twice a year:

Call for help. If your home is tall or you're uncomfortable on a ladder, consider hiring a gutter-cleaning professional.

Use a tall ladder. Pick one that extends three feet over the gutter. Secure the ladder on even ground, preferably on pavement.

Wear protective gear. A long-sleeve shirt and work gloves can help keep your arms and hands safe from sharp objects.

Remove the clog. Scoop large debris with a small shovel or garden trowel and drop them into a bucket hanging from your ladder or onto a tarp on the ground.

Flush it out. Once you're done clearing debris, use a garden hose to rinse out the gutters. This is also a great way to check for leaks.

Stay safe. According to the Consumer Product Safety Commission, 90,000 people go to the emergency room each year for ladder-related injuries. To avoid toppling your ladder, never climb above the second-to-last step.

Save our Scenic American River

By Brenda K. Gustin, Concerned Citizen & Native of Sacramento

The rallying cry to "Stop the fill of the American River floodplain" resonates with thousands of concerned individuals. Nestled northeast of the College Glen neighborhoods lies a serene habitat, an over 300 tree urban forest, sanctuary for 140 unique species, along our wild and scenic American River, across from William B. Pond. This braided section of our river serves as a vital refuge for people and wildlife, essential for the endangered chinook salmon. The City of Rancho Cordova is prepared to fill-in 20 acres of the American River floodplain to construct a housing development.

Nowhere else along the Parkway is such high-density housing bordering the river, especially within the designated floodway. This proposal raises concerns about potential increased flooding in the Parkway and threatens to abandon existing public easements intended to complete the connectivity of hiking and riding trails south of the Parkway. Furthermore, the city of Rancho Cordova stated that these 440 homes in this location are unnecessary in addressing regional housing needs.

Opponents of the development propose modification to build in the upper tier of the property along Folsom Boulevard, keeping the lower basin floodway intact – an integral part of the American River Parkway habitat.

Please visit www.preservetheamericanriver.org. You can effortlessly email government agencies, sign the petition alongside over 4,000 others, donate, and help spread this crucial message. Organizations like the Sierra Club, ECOS, BRECA, TFHOA, The Audubon Society, and many others are united against the proposed development.

CGNA Youth and Adult Classes at Valley Community Church

CGNA youth and adult classes are now being held at Valley Community Church at 3150 Wisemann Drive! Join a Uechi-Ryu Karate class, explore music with your toddler or pre-schooler, or stop by for a vinyasa flow yoga class! Free Friday Watercolor with Woody Hansen continues meeting on Fridays along the American River access.

CGNA thanks Valley Community Church for opening up your facility to our neighborhood classes.

Free Friday Morning Watercolor Mini-Workshop

Woody Hansen has resumed his Free Friday Watercolor Mini-Workshops - weather permitting.

Woody invites you to bring your paints, pencil, or camera and enjoy a cool, morning of artistic motivation.

Weather permitting, class begins at 9 AM every Friday morning throughout the year. All levels, all ages, welcome. For information on Free Friday Watercolor Mini-Workshops and Woody's studio watercolor classes you may E-mail Woody at watercolors@woodyhansen.com



Uechi - Ryu Karate Classes

The Uechi - Ryu Karate classes continue to welcome new students. Everyone is encouraged to come, visit, and find out if this karate class is the one for you. Karate offers personal fitness, character development and individual growth. For more information, please contact or e-mail vandervolgenjr@yahoo.com.

Beginning & Advanced Traditional Uechi - Ryu Karate Mon/Wed, 7:00 – 8:30 pm

Learn Traditional Uechi-Ryu Karate from Attorney Robert "Robb" Van Der Volgen Jr. and CSUS Professor Joan Neide, Ed.D. Both instructors are 9th degree black belts with Master teaching licenses. Robb and Joan will follow the tradition of blending beginners with advanced students. For the beginners, the initial focus is on posture, breathing, footwork and unified movement.



Women's Vinyasa Flow Yoga Class with Cate Lewis

Tuesday evenings, 5:30-6:30 pm

Feel the need to slow down and stretch your body? Maybe it's time to move and sweat a little?

Bring a mat, a water bottle, and a desire to strengthen your body with some amazing women!

Led by Cate Lewis, a Yoga alliance teacher, certified in vinyasa, yin, and restorative yoga.

For more information, email Cate at catielew2@aol.com



Music & Movement for Toddlers & Pre-Schoolers with Lisa Phenix

Music and Movement classes with Lisa Phenix is back! Stimulate your child's development on every level. With egg shakers, bells, and drums in hand, your child becomes part of the back-up band as we explore nature, gravity, and the seasons. This is a parent/grandparent participation class.

For information on the program and to reserve a space contact Lisa at lisap@winfirst.com or call 719-6106.



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As of September 17, 2023. All 916 area code unless otherwise noted.



**Daylight Saving Time Ends
Sunday, November 5th at 2am**

**The College-Glen News is printed at
Zuprinco Printing, Sacramento. 383-5757**

Editorial Policy

College-Glen News is a collaboration of articles from community leaders, CGNA Board of Directors, and citizens at large. The opinions in the articles do not necessarily reflect those of the board, unless stated so. If you wish to submit an article or have an editorial, please mail it to the listed address with your name, address and phone number. Editorials with this information will be addressed and/or considered for publication in next quarter's issue.

College-Glen News is a quarterly publication of the
College-Glen Neighborhood Association.

Sharlyn Deglow-Solie, Editor

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